

Aphasia Institute Annual General Meeting 2017

Client Presentation

“The purpose of life is to discover your
gift;

The work of life is to develop it;

and...

The meaning of life is to give your gift
away.”

A Project of the Creative Writing Group

The Creative Writing Group meets each Tuesday morning. Under the guidance of very dedicated volunteers they spend their morning immersed in the enjoyment of words – the written word and the spoken word.

This piece was workshopped and developed by the group, and performed by them at our Annual General Meeting on September 25, 2017.

Before my stroke...

- I was working
- I was busy
- I loved travelling
- Life was beautiful
- I had many friends
- I was involved in everything
- I never shut up
- I was involved in physical activities
- I was on top of the world

**Over the course of my life
I discovered my gifts...**

THEN CAME THE STROKE...
FROM NOWHERE

Right after my stroke I felt...

- Frustrated
- Quiet
- Depressed
- Helpless
- Confused
- I couldn't see the future
- Angry
- Why me?
- Unaccepting

Today I...

- Am thankful
- Have a new appreciation
- Have fresh perspectives
- Am loving and giving
- Know retirement is good
- Have a life
- Have found new activities
- Have made new friends
- Have renewed my relationship with my family
- Feel hopeful

I am humbled...

- As I have witnessed the rediscovery of my gifts
- As I have watched how these gifts have been nurtured and developed

What I have learned and want to give away...

- Slow living
- Talking gets better
- Listening gets better
- Life opens up in new ways
- New Life
- Acceptance
- Thinking is good
- New joy
- New talent
- Discovering new aspects of myself

Life can be larger than APHASIA